

True North Helping Hands

WHAT TO BRING & SUGGESTED ITEMS

Tools/Worksite Items

****if you are a worksite lead, check out the Major Tool List on the website. If you have further questions, check with Roy Kunkle (royk57@msn.com).**

- Work Gloves (not required but VERY useful when picking up un-sanded wood as you can get splinters VERY easily with the wood we will have)
- Carpenter pencils (2 is sufficient)
- Nail Apron (a place for a hammer comes in handy, but not required)
- Regular Hammer
- Water Bottle (wide-mouthed is better to pour Gatorade powder into if desired)
**** Personalize EVERYTHING

Other

- Worksite clothes – please clothing that you don't plan on wearing again because even after washing, they may never get clean again (Value Village is GREAT for these types of clothing.) Also, see below as to what you may/may not wear.
- Socks (white ones will probably never be white again), and you'll probably want around 6 pairs (2 per day unless you plan on wearing flip flops when you get back to the campsite)
- underwear
- Warm pajamas as it can get rather cold & windy at night time
- Shirts & Shorts (for back at the campsite)
- At least one pair of pants (one pair jeans & one pair sweatpants/comfy pants are suggested) and one sweatshirt (it's chilly at night!)
- Hygiene items (toothbrush, toothpaste, floss, deodorant etc.)
- 2+ towels, facecloths (they don't dry particularly quickly and get pretty dirty)
- A flashlight (fresh batteries are a plus)
- Sleeping bag, mattress, pillow
- Hat/sunglasses
- Sunscreen
- Bug repellent
- Camera- if you bring a camera do not leave it laying around.
- Tylenol, Benadryl, any other medication you may need
- Aloe Vera
- Nail-clippers, Comb
- Work shoes – ones that you will probably never want to wear again (until next year!)
- Shampoo, Conditioner, Soap & anything else you use in the shower
- Leave any valuables at home
- Flip flops (especially for use in shower)

Bring to the airport ...

- Bring Passport
- Bring your consent forms. Notarize them if the traveler is 18 or under.

