

10. Where will we be eating in Mexico?

In Mexico your meals are provided with the exception of eating out one night at La Bufadora. Each morning we will have breakfast in camp before leaving for the work site. Snacks are delivered to each work site twice a day. The Food Crew delivers the lunches to the work sites. Water is provided continuously at each work site and everyone is reminded often to drink plenty of water. Dinner is prepared and served at camp by the Food Crew. Everyone should be prepared to take a turn helping the Food crew

11. Is the water safe to drink?

No. You must drink only the bottled water that we will provide. Even vegetables and fruits sold locally in Mexico should be avoided unless washed in appropriate solutions. We wash them for your use.



12. What should I bring?

Basic needs include a personal water bottle, sleeping bag, pillow and sunscreen, and personal hygiene items. **Nights are cold.**

For working bring a hammer, work clothes (including gloves), a nail apron. A more comprehensive list is posted on our web site -- Tool List. If you are a skilled tradesman, please let us know.

13. Should I get any immunizations?

Your Tetanus should be up to date. Both HEP A & HEP B are also recommended. Ensenada has an excellent hospital. We prefer not to visit it.

14. Where does the money to build come from?

We fund raise for donations. They are typically received from churches, Canadian Embassy small project fund and individuals.

15. What will we be doing each day?

Work begins bright and early Monday morning and continues daily through Friday. You are at the jobsite working through the day. Local children will be running around.

16. If I can't make the trip is there some other way I can help?

As mentioned above, we would welcome any financial help you could give. Please pray for the health and safety of those going. Or if you know of others who could help, either financially or as a participant, put them in touch with us. Paying for a local worker costs \$100 for the week.

17. Who will be leading the group? Our directors are Garnett Andrews - Treasurer, Patty Jacobs-Kunkle - Managing Director, John Clelland - Secretary, John Smith - Alberta Director and Roy Kunkle - Construction Manager.

18. Can I be contacted in case of an emergency back home?

We will check daily for messages @ 360-798-7139.

19. How do I sign up?

Fill out an application found on the website and submit it by **May 15th, 2011** (sooner preferred).

If you are applying after May 15th, please contact patty@truenorthhh.org to confirm if space is still available. Please send your applications and funds to the address listed below.



True North Helping Hands
7485 Salisbury Avenue, Burnaby, BC V5E 3A5
www.truenorthhh.org
patty@truenorthhh.org

True North



Helping Hands

Building homes

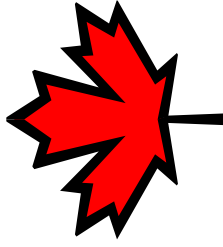
...Building schools

...Building Hope...

...For Communities



Join us to help the children of Durango July 3 through 9, 2011



True North Helping Hands Society Summer 2011

This is the 5th year that True North Helping Hands has had the opportunity to assist the indigenous schools in Baja Mexico. 13 classrooms have been built, 9 renovated, 4 playgrounds installed and many relationships developed.

We plan, summer 2011, to build 2 classrooms, a fence and a playground in the Maneadero area of Durango. We hope to also reroof some local homes.

On July 3rd the group will meet in San Diego at the airport at 1:30PM. We will caravan to the campground in Mexico.

We will be working at Maneadero for the week. It is approximately 12 km/7.5 miles south of Ensenada.

On Saturday, July 9th, in the morning we will pack up. We will be back at the San Diego airport by 4PM. You can make a 5 PM flight out.

In one week you will have shown God's love to the Durango children.

1. Who can participate?

Your most important skill is a good attitude and heart to serve. We have workers with all levels of ability. Some are professional contractors and some have never held a hammer before. It's a great time to learn. We are continuing our effort to teach local field labourers more construction skills. If you have construction or Spanish language skills please let us know.

2. What is the cost?

For the cost of food, water, camp fees, rental of equipment and transportation while in Mexico we ask that you donate \$300 CDN or USA. If you wish to stay in a cabin the cost is \$335. There is limited cabin space. Please email patty@truenorthhh.org to stay in a cabin. Cabins are dorm style, one for men and one for women.

3. What are the dates of this summer's trip?

Sunday July 3rd meet in San Diego by 1:30PM at the airport. We will have our work complete and be back at the airport in San Diego on Saturday July 9th in time for 5PM flights.

4. How do I get from San Diego to Mexico?

We work approximately 120 km/75 miles south of San Diego. You will need to fly (or drive) to San Diego arriving no later than 1:30PM on Sunday July 3rd. We rendezvous at the San Diego airport and transport everyone from there to our quarters in Mexico. TNJH will be renting vehicles and arranging for your transportation from the airport in San Diego to the camp and back.

If you are bringing your own vehicle, please contact us. We will still want you to meet us at the airport.

If you arrive on July 2nd and wish to stay with us overnight in San Diego please email patty@truenorthhh.org

5. How will I find the rest of the group at the airport?

We will have vans meet you at the San Diego airport. Everyone should claim their checked baggage and go to Terminal 1. The food court is a great place to sit and wait if you arrive early. Look for people in TNJH t-shirts. At approximately 1:00PM a TNJH person will direct you to take the escalator across from baggage claim. You cross the Sky Bridge to the parking lot. The vans will be waiting there.

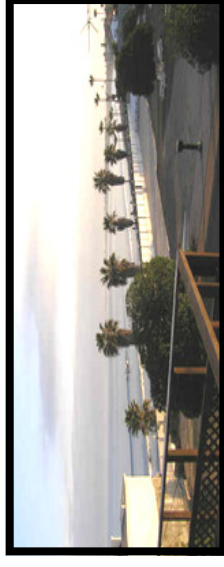
If you are driving your own vehicle we ask that you park on the north end of the Terminal 1 parking lot.

6. What documents will I need to have with me?

You need a current Passport. It is required that minors, without parents accompanying them, have a signed letter with permission to come with us. Have your passport and other documents on you (not in your suitcase) when you arrive at the San Diego airport.

7. Is there an age limit to participate?

Those younger than a high school graduate must be accompanied by a parent or other adult and be under their supervision at all times. Children all ages are welcome with their parents. Child care will be coordinated for the job site this year. Children will have a canopy to protect them from the sun while they play.



8. Where will we be staying?

At a campground right on the ocean at Punta Banda. The camp is 20 minutes from the Maneadero location where we are building. The camp has restrooms and showers with a limited amount of hot water. We are in a security enclosure protecting the area.

9. Is it safe to go to Mexico?

South of Texas is the troubled area. We do not travel at night and stay in an enclosed compound. We believe it to be safe and proceed with caution.

